



Blanket Folding 101



Begin by folding in half, fringe to fringe.



Fold in half again, lengthwise, creating a long, skinny strip.



Fold in half to create platform for under head, under chest or for stacking.

OR



Roll up tight to create roll for under your knees.



Fold platform in half to create a square for sitting stack.





Fold your platform in thirds to create a zed for shavasana stack.

